

Hypertension – who needs ACE/ARB and how to manage?

There have been numerous initiatives to improve hypertension management over the past few years including BHS Guidelines for the Management of Hypertension in 2004 followed shortly after by NICE guidance for the management of hypertension. The importance of hypertension management is highlighted in the Quality Outcomes Framework of the new GMS contract for Primary Care with a large number of points being allocated to identification and management of hypertension.

With the publication of the NICE CKD guidelines last year the importance blockade of the Renin Angiotensin System in patients with proteinuria was further highlighted. Dr. Wilkinson will explore the effect that recent advice has had on hypertension management in Primary Care.