

CKD and Diabetes: - A primary care perspective – how to manage people with multiple conditions

Traditional teaching tells us that people who are newly diagnosed with Type II diabetes have had undetected hyperglycaemia for many years before diagnosis, and therefore have vascular complications at diagnosis.

Proactive primary care teams have been managing patients with CVD and hypertension for many years, even predating the financial incentive provided by QOF. An annual assessment has included estimation of serum creatinine and blood glucose and therefore facilitates the early detection of both CKD and diabetes .

This enables the general practitioner and practice nurse an opportunity to improve the long term outcome for these high risk patients.

The presentation will use examples from primary care to demonstrate this approach.