

Supported by the NKF.



[www.kidney.org.uk](http://www.kidney.org.uk)  
Helpline: 0845 601 02 09

Supported by ANSA.



[www.anaemianurse.org](http://www.anaemianurse.org)  
Helpline: 01483 724472

# REMEMBER

## KEEP IT CLAMPED, KEEP IT CLEAN

## TOP TIPS



Name: \_\_\_\_\_

Dialysis unit: \_\_\_\_\_

In case of any problems with your vascular access please call the following number:  
\_\_\_\_\_

## Care for your access

- Keep it clean to avoid infection
- Anyone dealing with dialysis catheters should wear sterile gloves
- Ensure that your dialysis catheter site is cleaned using a sterile technique each dialysis session
- Ensure that a healthcare professional, or you, check for signs of any redness, tenderness or swelling every time you dialyse
- Ensure that you have a clean dry gauze dressing applied each dialysis session
- Dressings should be changed if they get soiled or wet
- Keep some clean dressings at home in case you need to change dressings in-between dialysis sessions
- It is important that your dialysis catheter is clamped and capped between dialysis sessions to avoid infection and blood loss
- Contact your dialysis unit or hospital as soon as possible if there is a problem with your dialysis catheter, or any noticeable changes