

Actions table:

Score	Action
Less than -0.5	Increase target weight by 1kg (or increase by 0.5kg if current target weight is 45kg or less)
Between +0.5 and -0.5	No action required
Greater than +0.5	Reduce target weight by 1kg (or reduce by 0.5kg if current target weight is 45kg or less)

Ongoing assessment

Based on the desired course of action, the following ongoing assessments should then be carried out:

Action	Ongoing assessment
No action required	Repeat assessment in 1 month
Target weight requires adjustment (patient stable and not on antihypertensive medication)	Make change and repeat assessment in 2 weeks
Target weight requires adjustment (patient unstable and/or on antihypertensive medication)	Discuss with unit consultant or SpR

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